



Supplemental Guidance for Oakdale Athletics

The athletic guidelines outlined in this document are meant to decrease the potential exposure and spread of COVID-19 and to increase the likelihood of our student-athletes enjoying an athletic experience this school year.

This is not an exhaustive list of all accommodations we will be taking to ensure a safe and successful athletic year, and it is a living document that will be adjusted based on our working with federal, state and local health officials. Even when taking all precautions, there is still risk of transmitting and being exposed to illness.

We continue to encourage vigilant hand washing and sanitizing, the wearing of masks, the disinfecting protocols of our district and social distancing to the maximum amount possible.

GENERAL GUIDANCE BY COLOR-CODED LEVEL:

- **Green Level:** Back to normal with masks and social distancing recommended.
- **Yellow Level:** Athletics and events offered only per the governing body or other organizations' recommended guidelines and current best practices. See below.
- **Orange-1:** See below.
- **Orange -2:** See below.
- **Red Level:** No extra- or co-curricular activities or events.

If on YELLOW- spectators (home and visitors) will be limited to 50% capacity. Student-athletes will compete. Additionally:

- All patrons and visitors are to follow any current city/state mandates related to wearing a mask, social distancing, or group attendance capacity, when attending an Oakdale event.
- Every other seat/row in all athletic bleachers or venues will be closed to spectator seating and identified through stickers or tape on the closed seats/rows.
- All coaches and student-athletes will practice social distancing (6 feet apart) with other groups.
- Game workers and athletic personnel will wear personal protective equipment (masks/face shields).
- No concessions will be offered.
- Public address announcements will be made periodically thanking patrons for their partnership in washing their hands, utilizing the hand sanitizer stations, practicing social distancing, and wearing masks.
- All coaches and student-athletes will undergo COVID-19 screenings prior to any event, game, or activity. Temperature checks will be administered on non-school days.
- All coaches and student-athletes must sanitize their hands prior to entering the gym/facility.
- Oakdale will follow the [OSSAA](#) and [NFHS](#) recommendations and guidelines to determine sideline, substitution, uniform, equipment, etc. modifications that can be implemented as safety measures and communicated with coaches.
- Visiting team coaches/sponsors will check in with the Oakdale Athletic Director prior to beginning an event and communicate to the extent possible that all safely meet the Oakdale protocols for competing. Game day communication with opposing schools will take place to help ensure these safety measures are current.

- Locker rooms will be accessible to teams, but we highly recommend, for both home and visiting teams and officials, to come dressed and ready to participate for the event.
- Masks will be required by all coaches and student-athletes except when performing activities restrictive to breathing. (playing in games and/or performing)
- No shared hydrating bottles, towels, gloves or any other personal equipment is permitted. All coaches and student-athletes are required to bring their own hydration bottle. Campus water fountains will be unavailable for use. The touchless water bottle fillers, where available, may be used.
- Seating areas will be sanitized prior and after events.
- All equipment used during the event (including balls, scoretable, and chairs) will be sanitized prior, during, and after events.

If Oakdale is on ORANGE-1, spectators will be limited to 50% capacity AND ONLY to family members/staff of Oakdale players. Student-athletes will compete. In addition to the YELLOW guidelines:

- Masks are required for EVERYONE inside the school and/or gym facility.
- Rosters for both home and visiting teams will be limited to 12 players per team per game.
- Participating teams, players, and spectators will be asked to leave the facility immediately after their game(s) are over.
- Oakdale will attempt to stream events for public viewing through social media outlets and/or the school website. If space and guidelines allow, opposing teams will also be permitted to stream as well.
- Spectator capacity/seating will be managed via online signup and ticketing system.

If Oakdale is on ORANGE-2, spectators will be limited to 25% capacity AND ONLY to *immediate* family members/staff of Oakdale players. Student-athletes will compete. In addition to the ORANGE-1 guidelines:

- Athletes will be placed in documented cohorts of 5 or less during practices/drills.
- Intermingling of cohorts will be limited to game-like situations/preparations only.
- Oakdale will attempt to stream events for public viewing through social media outlets and/or the school website. If space and guidelines allow, opposing teams will also be permitted to stream as well.
- Spectator capacity/seating will be managed via online signup and ticketing system.

If on RED, no extra-curricular activities! Student-athletes WILL NOT compete.

**** Wearing masks during competition is always an option for student-athletes to take.**

Additional Cheerleading Protocols:

- All routines and cheers will coincide with appropriate social distancing guidelines.
- Cheer formations will maximize space using both ends of the court and/or stands.
- Rosters will be limited to 12 cheerleaders per nightly event or game, per the coaches' preference.
- Masks will be required at all times except during performances/special cheers.